

# FOUR SQUARE PLANNING

## Four Square Planning:

There are four main parts of any mom's life. Faith, Kids, School and Household. If you are taking a break from school, you can delete that column. Here are some squares to get you started. I'll include some blanks for you. Review your plan daily.

<p><b>Faith:</b></p> <p>Pray daily—first time during the day, lunchtime, at night? Make a plan.</p> <p>Bible reading.</p> <p>Time to listen to God—very important part of your day.</p> <p>Podcast: <a href="http://afewminuteswithGodpodcast.com">AfewminuteswithGodpodcast.com</a></p>	<p><b>Kids:</b></p> <p>Goals:</p> <p>Spiritual / character for each child</p> <p>Specific academic goals</p> <p>Assign chores</p> <p>Plan for free time to explore interests or reading.</p> <p>Plan for Field Trips</p>
<p><b>School</b></p> <p>How is it going? Are you following a schedule or a routine. Is it working? If not what can you change?</p> <p>Special events / or planning for projects</p> <ol style="list-style-type: none"> <li>1. Use some fun national holidays to infuse your school day with something to look forward to, such as Columbus Day, chocolate or pasta day, fall harvest — and even, new friend day.</li> <li>2. Tweak your routine if needed if things don't work.</li> </ol>	<p><b>Household</b></p> <p>Monthly meal plan—plan out your month once and let your meals go on auto pilot.</p> <p>Weekly menu—bulk cooking, doubling or tripling a recipe and freezing extra meals. (Keep track with an erasable marker board on your freezer.)</p> <p>Grocery shopping</p> <p>Cleaning schedule</p> <p>Errands</p> <p>Washing/ folding clothes schedule</p>

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