

HUMAN & SPIRITUAL INTEGRATION CORE VALUES & INVENTORY

HUMAN & SPIRITUAL INTEGRATION PRINCIPLE AND FRUIT	Communion with the Lord	Personal Integration	Charity Toward Others
Chosen Fruit = Belonging	I have a stable sense of being personally chosen, created, and sustained in life by the All-Loving God.	I have a high degree of self-awareness.	I recognize the Lord's infinite love for all mankind as my brothers and sisters.
Known Fruit = Intimacy	I have a solid sense of the Lord's love for me personally and that He is with me in all circumstances.	I consistently see myself as very good – made in the image and likeness of God.	I am able to listen attentively to others without interrupting or planning my response while they're talking.
Valued Fruit = Humility	I am well-grounded in the fact that my value is inherent and not earned. Even when I sin, I am able to recognize God's loving mercy lifting me when I fall.	I am not overly preoccupied with my looks, status, performance, or productivity if I fail or succeed. I am more concerned with faithfulness to God's will than how I am viewed by others.	I value all people equally regardless of if they can do something for me or are inconvenient to me.
Boundaries Fruit = Gratitude	I receive the Lord's protection and provision with trust and gratitude, and I see morality as His loving protection for my life. I firmly and consistently experience that He is for me.	I don't overextend myself beyond what is healthy, and I don't catch myself beating myself up with my self-talk.	I am able to set and respect boundaries in relationships and I experience them as necessary and helpful guidelines of respect for myself and others.
Openness Fruit = Authenticity	I am able to be authentic with the Lord in all relationships and areas of my life.	I am able to be consistently honest with myself.	I am able to appropriately share myself with others and I am able to respectfully receive others sharing themselves.

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